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| Logo  Description automatically generated  **The Story of Racism**  **Writing a Win/Win Chapter 5 – Making a Difference**  **Why?**   * Deepen my sense of purpose/motivation for intentional action. Now. * Strengthen my foundation for persevering and being resilient – “holding the course”   **The Key**   * Focus on responsibility and making a difference vs. guilt or shame. | |
| **My Focus** | **My Actions** |
| 1. **Be an Anti-Racist – Act with Intention**   <https://counteringracism.com/committing/being-an-anti-racist/> |  |
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| 1. **Create My Vision of What Might Be – the Benefits**   <https://counteringracism.com/committing/vision-benefits/> |  |
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| 1. **Manage My Journey**   [**https://counteringracism.com/committing/the-heroic-journey/**](https://counteringracism.com/committing/the-heroic-journey/) |  |
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| 1. **Act**   <https://counteringracism.com/actions/what-white-people-can-do/> |  |
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| 1. **Get Past the 3 Guardians of the Threshold**   [**https://counteringracism.com/barriers/guardians/**](https://counteringracism.com/barriers/guardians/) |  |
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| 1. **Deal With the 6 Barriers on the Path**   [**https://counteringracism.com/barriers/on-the-path/**](https://counteringracism.com/barriers/on-the-path/) |  |